



Biostimulator

Post Treatment

What To Expect

- Injection site swelling. This may be most obvious in the first 72 hours.
- Injection site bruising, which may be worse if you take aspirin or NSAIDS.
- Areas of hardness and/or numbness in the treatment area that will resolve completely.
- Gradual decrease in volume and fullness over the next few weeks.

What To Avoid

- Avoid all sun exposure and tanning beds for 48 hours after treatment.
- No strenuous physical activity for 24 hours after treatment
- Tylenol can be taken for discomfort as directed for pain.

For Best Result

- With Sculptra Aesthetic injections, you must vigorously massage the treated area 5 minutes, 5 times a day for 5 days post injections.
- Apply ice or cold pack to the treatment area for 10-15 minutes immediately after your treatment and as needed.
- Take a Benadryl or Claritin at bedtime the night of your injections.
- Sleep slightly elevated to improve resolution of swelling.
- Keep your scheduled follow up appointment.

If you have questions or concerns, you can call or text 479-273-3376. After hours, please call our on-call provider at 479-426-4373 for assistance-be sure to leave a message, you will be called back.