



Kybella

Post Treatment

What To Expect

- Injection site swelling. This may be most obvious in the first 72 hours.
- Injection site bruising, which may be worse if you take aspirin or NSAIDS.
- Redness of the treatment area
- Temporary numbness to the treatment area
- Areas of hardness and/or numbness in the treatment area that will resolve completely.
- Gradual decrease in submental fullness over the next 6-8 weeks.

What To Avoid

- Avoid all sun exposure and tanning beds for 48 hours after treatment
- No strenuous physical activity for 24 hours after treatment
- Gently massaging the area post treatment may help in relieving discomfort
- Tylenol can be taken for discomfort as directed for pain

For Best Result

- Apply ice or cold pack to the treatment area for 10-15 minutes immediately after your treatment.
- Take a Benadryl or Claritin at bedtime the night of your injections.
- Sleep slightly elevated to improve resolution of swelling.
- Keep your scheduled follow up appointment

If you have questions or concerns, you can call or text 479-273-3376. After hours, please call our on-call provider at 479-426-4373 for assistance-be sure to leave a message, you will be called back.